



## What do the specialists say?

### 1. Radioactive Iodine Therapy (I-131) – The Gold Standard

Most veterinary endocrinologists consider I-131 the gold standard. It destroys abnormal thyroid tissue while preserving healthy cells and is usually curative with a single treatment. A short hospitalization (3–5 days in the U.S.) is required for radiation safety.

#### Success Rate:

- 94–98% cure rate with one dose
- Rare recurrence if all abnormal tissue is destroyed

**Pros:** Permanent cure, no daily medication, minimal side effects

**Cons:** Higher upfront cost, limited availability, temporary owner separation

### 2. Surgical Thyroidectomy – A Curative Option When I-131 Isn't Used

Recommended for otherwise healthy cats when I-131 is not available or declined. Pre-op stabilization with methimazole is essential. Surgery can be unilateral or bilateral depending on gland involvement.

#### Success Rate:

- 90–98% long-term cure if both abnormal lobes are removed and no ectopic tissue is present
- Low complication rate, though hypocalcemia from parathyroid damage can occur

**Pros:** Potential cure, no long-term medication

**Cons:** Anesthesia/surgical risk, possible recurrence if tissue is missed, lifelong monitoring if hypocalcemia develops

### 3. Medical Management (Methimazole) – Control Without Cure

Best for cats that aren't surgical or I-131 candidates, or for owners preferring a non-curative approach. Can be given orally or transdermally. Controls the disease but does not stop tumor growth.

#### Success Rate:

- 80–90% achieve good hormone control with proper dosing and monitoring
- Long-term control possible for years if well tolerated

**Pros:** Inexpensive short-term, widely available, reversible if side effects occur

**Cons:** Lifelong treatment, potential side effects (GI upset, pruritus, liver toxicity, blood dyscrasias), frequent monitoring needed